



JKPS

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Workshop Report: Demystifying Learning Disabilities

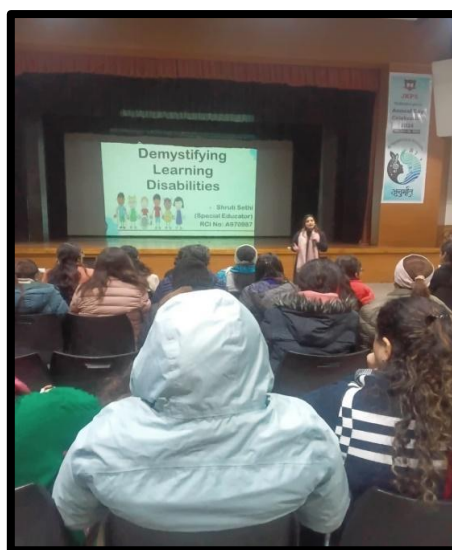
"Every student can learn, just not on the same day or in the same way." – George Evans

On January 8, 2025, Jaspal Kaur Public School organized a workshop titled *"Demystifying Learning Disabilities"* for the teaching staff of classes PS to VIII. The session, conducted by the school's special educator, **Ms. Shruti Sethi**, aimed to enhance teachers' understanding of learning disabilities (LD) and equip them with practical strategies to support students in an inclusive classroom setting.

The workshop began with a comprehensive overview of learning disabilities, focusing on the challenges students face in a school environment. Ms. Sethi explained the **types of learning disabilities**; including **dyslexia, dysgraphia, and dyscalculia**, and how these conditions manifest in students of different age groups, from preschool to high school. Teachers were encouraged to identify the signs of LD early through careful observation and systematic approaches.

The session emphasized the importance of creating an inclusive classroom where students with LD can thrive. Ms. Sethi introduced **practical strategies** for addressing difficulties in:

- **Reading:** Techniques to improve comprehension and fluency.
- **Writing:** Methods to help with handwriting, spelling, and written expression.
- **Mathematics:** Tools to simplify abstract concepts and improve numerical understanding.



Real-life classroom examples were shared, highlighting how these strategies can be effectively implemented. Teachers were reminded of the critical role they play in fostering confidence and resilience in students with LD.

A unique feature of the workshop was the **interactive simulation activities**, designed to help teachers experience the challenges faced by students with LD.

- **Visual Processing Simulation:** Demonstrated the difficulties of interpreting visual information.
- **Dyslexia Simulation:** Provided a first-hand understanding of reading challenges.
- **Auditory Processing Simulation:** Highlighted the struggles of processing verbal instructions in a noisy environment.

These activities were instrumental in fostering empathy and a deeper understanding of the students' perspective.

The workshop concluded with an engaging Q&A session, where teachers raised pertinent questions about balancing the needs of students with LD in a diverse classroom, effective ways to involve parents, and specific interventions for challenging scenarios. Ms. Sethi offered practical and actionable solutions, reinforcing the importance of collaboration between educators, parents, and special educators.

The workshop reaffirmed the school's commitment to inclusive education and holistic development. Teachers left the session with a deeper understanding of learning disabilities and a toolkit of strategies to create a supportive and adaptive learning environment.